

## Flourish: Arts for Wellbeing workshops in 2018

We are pleased to announce funding from RBKC for ACAVA to deliver Flourish: Arts for Wellbeing workshops at The Curve until the end of the summer term.

In response to our taster sessions delivered at The Curve in November and December, we have programmed the following activities and courses for North Kensington residents, which include opportunities for adults, children and the whole community.

We now have a dedicated twitter account @ACAVALourish to follow for regular updates.

Read on for further details and to book your place on one of our courses.

### **Programme:**

#### **Screen printing**

24 January to 7 March

Commencing Wednesday 24th January, participants will work with artist Heather Fiona Martin to learn the step by step process of screen printing, including designing and cutting paper stencils, printing onto textiles such as bags, cushion covers and tea towels, and using a range of colours in a design.

All the workshops are FREE for local residents and will take place at The Curve on Wednesday mornings 10am-1pm on the following dates: 24th Jan / 31st Jan / 7th Feb / 21st Feb / 28th Feb / 7th March.

This is a bookable course where participants can build on their skills week by week, producing a selection of textiles to keep or give to family and friends.

[Book you place here.](#) [1]

#### **Community Mosaic Project**

24 February to 17 March

Working with artist Emily Fuller over four consecutive Saturday afternoons, friends and neighbours will be invited to design and create a memorial mosaic piece to be installed at The Curve.

The workshops are FREE and open to all - both adults and children. They will take place on the following dates: Saturday 24th Feb / 3rd March / 10th March / 17th March from 2pm-5pm followed by a community meal.

The first workshop will be a 'brain storming' session to explore design ideas for inclusion in the artwork. After amalgamating these into a cohesive image, participants will create the mosaic piece over the following weeks.

[Book you place here.](#) [1]

### Textiles Project

Weekly 26 February to 26 March

After half term, join artist Aimee Parrott on a Monday morning for a FREE 5 week textiles course. Each week participants will learn about different techniques using fabric and a selection of mediums such as paint, wax, dye and applique.

The course will run on the following Mondays from 10am-1pm: 26th Feb / 5th March / 12th March / 19th March / 26th March.

[Book your place here.](#) [1]

### After School Art Club

Thursdays 4-6pm

Each Thursday during term-time, Emily Fuller is running an After School Art Club, 4pm-6pm. Emily focuses on arts activities that promote play and imagination, exploring different art materials through tactile creative play. Bring your children along to join Emily and explore different art techniques each week.

No booking necessary, just turn up and join in!

### The workshops will take place at:

The Curve

10 Bard Road, W10 6TP

If you have any questions, you can [email us here](#) [2]

Find out more [about Flourish here](#) [3]



[Back to news](#) [4]

**Source URL:** <https://www.acava.org/news/flourish-arts-wellbeing-workshops-2018>

### Links

[1] <https://form.jotformeu.com/80134428195355>

[2] <mailto:info@acava.org>  
[3] <mailto:info@acava.org>  
[4] <mailto:info@acava.org>

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[3] <https://www.acava.org/education-and-community/project/flourish>

[4] <https://www.acava.org/news>